



CENTER
for MODERN
THERAPY

WEDNESDAYS
OCT. 18 - NOV. 22
7-8 PM
\$85/SESSION

Reservation required

IN-PERSON

NEURODIVERSE PARENTING GROUP

Parenting is tough. When you add the unique challenges of raising a neurodivergent child, the challenges of parenting can feel even bigger.

In this group, we will open a supportive dialog about neurodivergence in all its forms (ASD, ADHD, learning differences); different neurodivergent needs; explore “unwritten and unspoken” rules about parenting; learn how to create an atmosphere of understanding, connection, & support for our children and ourselves; and make small but effective changes to parenting strategies.

Everything needed will be provided.
Please bring your open minds and a sense of curiosity!

CONTACT DR. KATY COOK AT (925) 291-0070 OR
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TO RESERVE YOUR SPOT OR LEARN MORE